



SPINE SOCIETY Belgium  
SSBe

# ID SPINE 2022

InterDisciplinary Spine Symposium

ID Spinal Trauma Care: From E.R. to Rehab

## FINAL PROGRAMME

**Saturday, October 1<sup>st</sup>**

**BMCC Bruges**



[www.spinesociety.be](http://www.spinesociety.be)

### Faculty

Nadine Attal MD, PhD *CHU Ambroise Paré Boulogne-Billancourt, France*  
Robin Demesmaeker Ir, PhD *Neurorestore Lausanne, Suisse*  
Bart Depreitere MD, PhD *UZ Leuven, Belgium*  
Jan Goffin MD, PhD *UZ Leuven, Belgium*  
Carlotte Kiekens MD *Ospedale San Giuseppe IRCCS Milano, Italy*  
Lieven Moke MD, PhD *UZ Leuven, Belgium*  
Stefaan Nijs MD, PhD *UMC Utrecht, The Netherlands*  
Marios Papadopoulos MD, PhD *St. George's Hospital London, United Kingdom*  
Klaus Schnake MD *Malteser Waldkrankenhaus St Marien, Germany*  
Evi Steen MD *AZ Sint Jan Bruges, Belgium*  
Annick Viaene MD, PhD *UZ Gent, Belgium*

### Congress Chairmen

Davy Hoste MD *AZ Sint Lucas Bruges, Belgium*  
Patrick Van Schaeybroeck MD *AZ Imelda Bonheiden, Belgium*

### Organising Committee/SSBe Board

Sarah Bethlen, Michaël Bruneau, Emmanuel Costa, Bart Depreitere, Sabri El Banna, Virginie Fraselle, Everard Munting, Davy Hoste, Virginie Nguyen, Diederik Peuskens, Henri Benjamin Pouleau, Gaëtane Stassijns, Serge Troussel, Johan Van Lerbeirghe Patrick Van Schaeybroeck, Peter Van Wambeke, Dominique Verhulst

Dear colleagues,  
Dear physiotherapists,  
Dear co-workers,  
Dear friends,

As president of the Spine Society of Belgium, I welcome you all in my hometown Bruges, the Venice of the North, for our second Interdisciplinary Spine Symposium. It is our first face to face symposium after a successful first online edition in 2020.

Since both the interdisciplinary approach to spinal pathology *and* the organisation of training and education for medics and paramedics involved in spinal pathology are two important cornerstones in the functioning of the SSBe, we hope to make this ID Spine Symposium a tradition for years to come.

On September 1<sup>st</sup> 2022, with the publication of the new Royal Decree on multi-disciplinary spine centres, the interdisciplinary approach to spinal pathology took real anchorage in our day-to-day practices.

It is therefore the strong and sincere wish of the SSBe to continue representing the interests of our members and, by extension, all health professionals active in spinal pathology towards the official authorities in Belgium such as the RIZIV/INAMI. In fact, a third important cornerstone in the functioning of the SSBe.

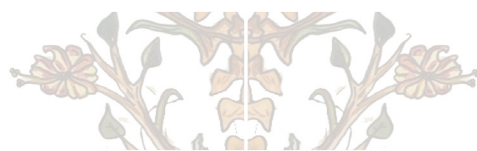
The topic of today's symposium is '*Interdisciplinary spinal trauma care: From E.R. to rehab*'.

We were able to put together a programme with national and international experts on the treatment of spinal traumata in all its facets.

Given the sometimes devastating physical, psychological and social impact on our patients with spinal cord injury, this is an excellent topic to highlight the added value of the interdisciplinary approach.

I wish you all a pleasant day here in the brand-new BMCC in Bruges.

Kind regards,  
Davy Hoste  
President of the SSBe



# Spinal trauma care: From ER to rehab

08.00 Registration

08.50 **Welcome**

*Davy Hoste, President SSB*

## Session 1: The emergency room

*Moderators: Johan Van Lerbeirghe & Diederik Peuskens*

09.00 **Implementation and results of trauma protocols in the emergency department in Belgium and The Netherlands: What can we learn?**

*Stefaan Nijs, M.D., PhD, UMC Utrecht, The Netherlands*

09.20 **Spinal cord injuries and spinal shock: Initial diagnosis/treatment through the eyes of the emergency physician**

*Evi Steen, M.D., AZ Sint Jan Bruges, Belgium*

09.40 **Sense or nonsense of the NASCIS scheme?**

*Jan Goffin, M.D., Ph.D., em. Prof., UZ Leuven, Belgium*

10.00 **Q&A**

10.10 Coffee break and visit of the exhibition (4<sup>th</sup> floor)

## Session 2: The operating room

*Moderators: Xavier Banse & Dominique Verhulst*

10.40 **Surgical management of thoracolumbar fractures in the osteoporotic patient: New insights and strategies**

*Klaus Schnake, M.D., Malteser Waldkrankenhaus St Marien Erlangen, Germany*

11.00 **Treatment of late posttraumatic thoracolumbar deformities**

*Lieven Moke, M.D., PhD, UZ Leuven, Belgium*

11.20 **Duroplasty and physiological monitoring in spinal cord injury**

*Marios Papadopoulos, M.D., PhD, St George's University Hospitals London, United Kingdom*

11.40 **Conservative management of thoracolumbar fractures**

*Bart Depreitere, M.D., PhD, UZ Leuven, Belgium*

12.00 **Q&A**

12.10 Lunch and visit of the exhibition (4<sup>th</sup> floor)

## Session 3: The rehabilitation room

*Moderators: Patrick Van Schaebroeck & Gaëtane Stassijns*

13.10 **Rehabilitation in spinal cord injuries: The must know**

*Carlotte Kiekens, M.D., Ospedale San Giuseppe, IRCCS MultiMedica, Milan, Italy*

13.30 **Evolutions in the use of orthoses, robotics and exoskeletons: Where do we come from and where does it take us?**

*Annick Viaene, M.D., PhD, UZ Gent, Belgium*

13.50 **Treatment of neuropathic pain in spinal cord injury: An overview**

*Nadine Attal, M.D., PhD, CHU Ambroise Paré Boulogne-Billancourt, France*

14.10 **Electrical stimulation of the spinal cord restores motor and autonomic function after severe spinal cord injury**

*Robin Demesmaeker, PhD, NeuroRestore/Defitech Center for Interventional Neurotherapies Lausanne, Switzerland*

14.30 **Best of papers presentation**

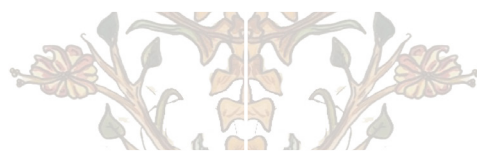
**Patient expectations are related to the outcome of multidisciplinary rehabilitation for chronic low back pain**

*Sofie Rummens, UZ Leuven, Belgium*

14.40 **Q&A**

14.50 **Conclusion and Farewell**

*Davy Hoste, President SSB*



## Registration

### Category As of 16 September

Member SSB	€ 50,00
Resident (ASO/ HAIO)	€ 50,00
General Practitioner	€ 50,00
Physiotherapist	€ 50,00
Non-Member*	€ 150,00

*\*automatically includes SSB membership for 2023*

### The registration includes:

- Participation in all scientific sessions
- Programme and congress related documents (certificate of attendance, badge,..)
- Coffee and lunch as indicated in the programme

### Payment

Onsite payments can be made in cash or by credit card.

### Cancellation Policy

Participants cancelling their registration before 15 September 2022 receive a full refund, less 50% administration costs. There will be no refunds for cancellations received after this date.

Cancellations must be confirmed in writing to the Secretariat.

## General Information

### Venue

Beursplein 1, 8000 Brugge

<https://bmcbruges.com>

The Auditorium and the registration desk are located on the 1<sup>st</sup> floor.  
The exhibition and coffee and lunch breaks take place on the 4<sup>th</sup> floor.

### Language

The Symposium language is English.

### Accreditation and Certificate of Attendance

The INAMI/RIZIV accredited the 2<sup>nd</sup> ID Spine Symposium with 4 CPs.

Pro-Q-Kine accredited the Symposium with 9 points.

Participants are asked to sign the attendance list on arrival. They will receive a Certificate of Attendance by email at the end of the Symposium.

### WiFi

Free Wifi is offered to all participants and exhibitors.

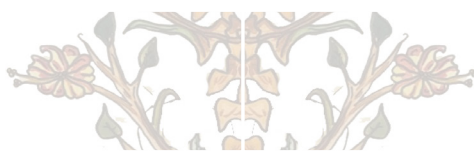
Network: BMCC public

You can log in with first name, name, email address or with Facebook or Google account.

### Liability

Neither the local organizers, SSB nor Medicongress accept liability for damages and/or losses of any kind which may be incurred by participants or exhibitors during the Symposium.

Participants and exhibitors are advised to take out insurance against loss, accidents or damage which could be incurred during the Symposium.



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