

## Enhancing recovery after spinal surgery:

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08.00 Registration and welcome coffee

08.50 **Welcome**

*Davy Hoste, President SSB*

### Session 1: Preoperative phase

*Moderators: Patrick Van Schaeybroeck & Virginie Frassel*

09.00 **Communication and self management in low back pain patients**

*Lisa Roberts, PhD, Physiotherapist, Southampton, UK*

09.20 **The importance of measuring frailty in older patients**

*Katleen Fagard, MD, UZ Leuven*

09.40 **3D spinal deformity care**

*Lieven Moke, MD, PhD, Leuven, Belgium*

10.00 **Q&A**

10.10 **Coffee break and visit of the exhibition**

### Session 2: Peroperative phase

*Moderators: Everard Munting & Diederik Peuskens*

10.40 **Spinal surgery in day care: Feasible?**

*Bart Depreitere MD, PhD, Leuven, Belgium*

11.00 **Patient matched templates in spine surgery: Revolution?**

*Geert Mahieu, MD, Antwerpen, Belgium*

11.20 **Robotics in spinal surgery: Revolution?**

*Bert Kegelaers, MD, Lier, Belgium*

11.40 **Full endoscopic spine surgery: Revolution?**

*Christoph Siepe, MD, PhD, München, Germany*

12.00 **Q&A**

12.10 **Lunch and visit of the exhibition**

## Teamwork makes the dream work

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### Session 3: Postoperative phase

*Moderators: Jan Degrande & Johan Van Lerbeirghe*

13.10 **Early postop rehabilitation after spinal surgery**

*Pierre Côté, DC, PhD, Ontario Tech University, Canada*

13.30 **Practical guidelines in rehabilitation after spinal surgery**

*Ann Spriet, physiotherapist, Leuven, Belgium*

13.50 **Intensive postop rehabilitation and follow-up after spinal surgery/  
REACT project**

*Liedewij Bogaert, MD, PhD, Leuven, Belgium*

14.10 **Postop return to work after spinal surgery**

*Lode Godderis, MD, PhD, Leuven, Belgium*

14.30 **Q&A**

14.40 **Conclusion and farewell**

*Davy Hoste, President SSB*

